

Personal, Social and Emotional Development

INTENT:

Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their holistic development. At Northiam we believe that the children's personal development is moulded by their social environments. Caring, encouraging and resilient relationships with adults provide opportunities for children to learn how to understand their own emotions and those around them. Children will be scaffolded to learn how to manage their emotions, develop a positive sense of self, and set simple goals, to have confidence in their own abilities and to show resilience to keep

IMPLEMENTATION:



Honeybees—Pre School

Building Relationships

- Work and play co-operatively with others e.g. building simple role play in the home corner
- Show empathy to the feelings of others e.g. comforting another child when they are upset.
- Know they belong to the class community
- Form good bonds with adults and peers
- Take turns with others, sometimes with support.

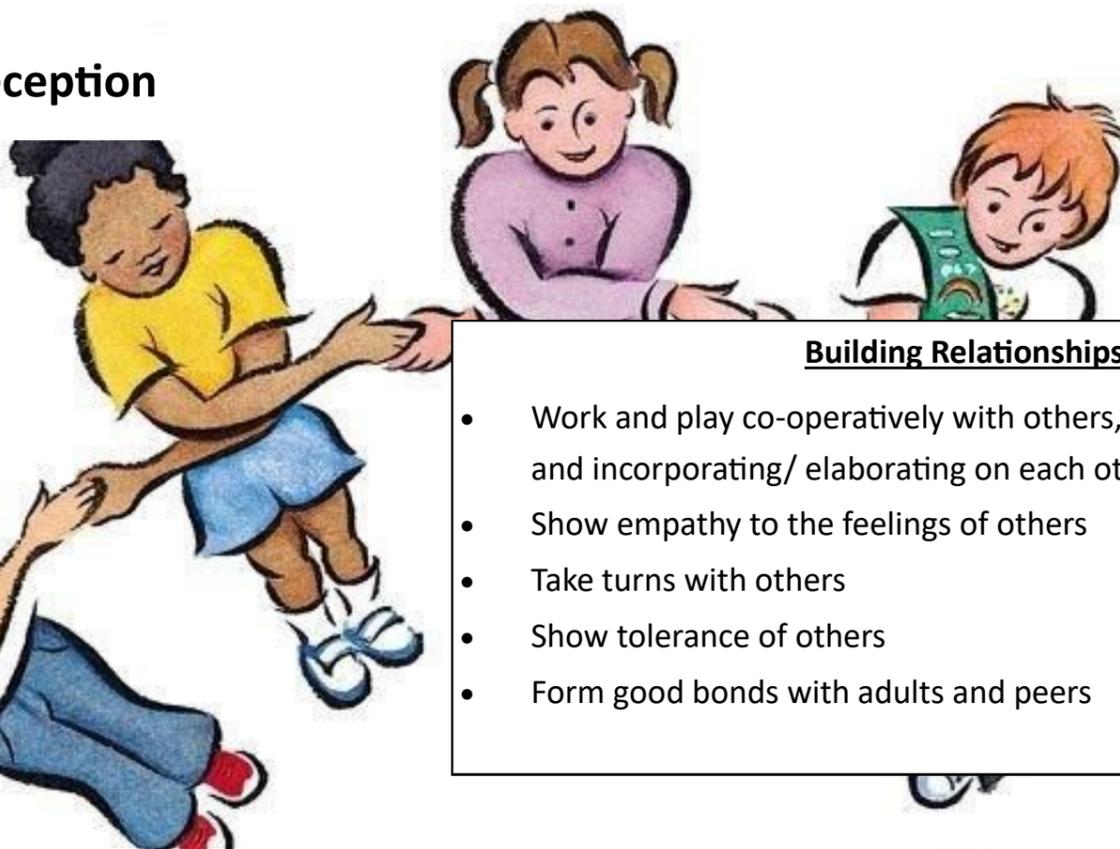
Developing Sense of Self

- Name and talk about own feelings, sometimes using props as a support e.g. colour monster book
- Manage own basic hygiene (toileting, washing hands, feeding self, drinking)
- Talk about likes and dislikes

Follow Rules

- Beginning to understand right and wrong and follow classroom rules e.g. tidying up independently
- Follow simple 2-part instructions e.g. put on your coat and then go outside.

Willow Class—Reception



Building Relationships

- Work and play co-operatively with others, listening to each other and incorporating/ elaborating on each others ideas.
- Show empathy to the feelings of others
- Take turns with others
- Show tolerance of others
- Form good bonds with adults and peers

Follow Rules

- Know right and wrong
- Follow 2 + part instructions
- Modifying behaviour

Developing a Sense of Self

- Develop confidence in new activities
- Identify feelings of themselves and others and suggest ways to improve feelings e.g. if they are feeling angry/ upset.
- Set and work towards own goals, identifying the steps they need to take.
- Manage own basic hygiene
- Be resilient and persevere

Early Learning Goals

ELG: Self-Regulation

Children at the expected level of development will:

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly;
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate;
- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

ELG: Managing Self

Children at the expected level of development will:

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge;
- Explain the reasons for rules, know right from wrong and try to behave accordingly;
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

ELG: Building Relationships

Children at the expected level of development will:

- Work and play cooperatively and take turns with others;
- Form positive attachments to adults and friendships with peers;
- Show sensitivity to their own and to others' needs.